

Behavioral evidence for two distinct memory systems in rats

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18 Abstract

19 Serial reaction time tasks, in which subjects have to match a target to a cue, are used to explore
20 whether non-human animals have multiple memory systems. Predictable sub-sequences
21 embedded in the sequence of cues are responded to faster, demonstrating incidental learning,
22 often considered implicit. Here, we used the Serial Implicit Learning Task (SILT) to determine
23 whether rats' memory shows similar effects. In SILT, subjects must nose-poke into a sequence
24 of two lit apertures, S1 and S2. Some S1 are always followed by the same S2, creating
25 predictable sequences (PS). Across groups, we varied the proportion of PS trials, from 10% to
26 80%, and show that rats with more PS experience do better on them than on unpredictable
27 sequences, and better than rats with less experience. We then introduced test trials in which no
28 S2 was cued. Rats with more PS experience did better on test trials. Finally, we reversed some
29 sequences (from predictable to unpredictable and vice versa) and changed others. We find that
30 rats with more PS experience perseverate on old (now incorrect) responses more than those
31 with less PS experience. Overall, we find a discontinuity in performance as the proportion of PS
32 increases, suggesting a switch in behavioral strategies or memory systems, which we confirm
33 using a Process Dissociation Procedure analysis. Our data suggest that rats have at least two
34 distinct memory systems, one of which appears to be analogous to human implicit memory and
35 is differentially activated by varying the proportion of PS in our task.

36 *Keywords:* implicit memory, explicit memory, rat, serial reaction time task, SILT, Process
37 Dissociation Procedure (PDP)

39 **Introduction**

40 Recently, there has been increasing discussion of the multiple systems that subserve memory
41 (Squire, 2007). Though most of this discussion has centered on human memory, there is
42 growing evidence for distinct memory systems in non-human animals as well (Eichenbaum et
43 al., 1994; Tu et al., 2011; Anderson et al., 2014). One of the primary distinctions made by
44 researchers is between declarative (or explicit) and non-declarative (or implicit, or procedural)
45 memory (Roediger et al., 2008). By standard definitions, declarative memory is
46 representational, and is expressed through (conscious, verbal) recollection, while non-
47 declarative memory is expressed through performance and reflects how we physically interact
48 with the world (Squire, 2007). The distinction between the two forms of memory thus rests
49 mostly on whether they are accessible (declarative) or not accessible (non-declarative) to
50 conscious recall, making it extremely difficult to demonstrate their existence in non-human
51 animals (Hampton et al., 2020).

52 There have nonetheless been a few attempts to identify animal correlates of the distinction
53 between explicit and implicit memory (e.g., Basile & Hampton, 2011). One method used to
54 distinguish the two processes is the Serial Reaction Time Task (SRTT). In SRTTs, which have been
55 used extensively in the study of both human and non-human memory (Robertson, 2007),
56 subjects are required to respond to seemingly random sequences of stimuli. Unbeknownst to
57 the subjects, some or all of the sequence is fixed and therefore predictable. Both human and
58 non-human subjects become faster at responding to these predictable sub-sequences (e.g.,
59 Nissen & Bullemer, 1987; Turner et al., 2005; Heimbauer et al., 2012), even when – in humans –

60 they verbally report no knowledge of fixed sequences in the stimulus chain (Nissen & Bullemer,
61 1987). When switched to truly random sequences, reaction times increase (sometimes referred
62 to as an interference effect; e.g., Christie & Hersch, 2004). These results strongly suggest that
63 subjects implicitly encode the fixed sequences, and can predict an upcoming stimulus, reducing
64 their reaction time.

65 A key aspect of SRTTs is that subjects are not required to learn or remember the fixed
66 sequences (Turner et al., 2005): all responses are individually cued, and subjects can solve the
67 task without predicting upcoming stimuli. Learning the sequences in this task, and sometimes
68 all implicit learning, is therefore considered incidental (Seger, 1994; Drucker et al., 2016).

69 Several studies have demonstrated that non-human animals nonetheless learn the sequences
70 in such tasks (Turner et al., 2005; Locurto et al., 2010, 2013), and that the sequences are
71 learned at a motoric level (i.e., abstract stimulus features of the sequence do not seem to drive
72 behavior; Procyk et al., 2000; Turner et al., 2005; Reber, 2013; Drucker et al., 2016).

73 It has been suggested that procedural memory performance is mediated by the striatum, while
74 declarative memory resides in the temporal lobes and diencephalon (e.g., Squire, 2007).

75 However, lesions of the striatum in rats do not cause a specific impairment to implicit learning
76 (though they do cause a general motor impairment; Jay & Dunnett, 2007). Similar non-specific
77 deficits on sequence learning result from reduction of dopamine levels in the striatum (Eckart
78 et al., 2010), lesions of the premotor and supplementary motor areas (Brooks & Dunnett,
79 2009), lesions of the hippocampus or caudate (Christie & Dalrymple-Alford, 2004), and – in
80 pigeons – deactivation of the nidopallium (Helduser & Güntürkün, 2012). As far as we are

81 aware, no-one has successfully induced specific deficits in implicit learning by lesioning any
82 region of a non-human brain. Lesions of the perirhinal cortex in monkeys do appear to cause
83 deficits in trial-specific (possibly explicit) memory while sparing habitual responses, which may
84 be implicit (Tu et al., 2011).

85 The Serial Implicit Learning Task (SILT; Jay & Dunnett, 2007) is a simplified SRTT which has
86 primarily been used with rats and mice (Jay & Dunnett, 2007; Brooks et al., 2007, 2012; Brooks
87 & Dunnett, 2009; Trueman et al., 2005, 2007, 2008). The task consists of requiring subjects to
88 respond, by nose-poking into illuminated apertures, to pairs of stimuli presented sequentially.
89 On some trials, the sequence of apertures is random; on others, it is predictable (Jay & Dunnett,
90 2007). The experiment is usually carried out in a 5-aperture chamber, in which the apertures
91 are labeled A-E. On some trials, the first aperture illuminated (e.g., A) could be followed by any
92 of the remaining four apertures; on other trials, the first stimulus (e.g., B) will always be
93 followed by a specific second stimulus (e.g., D). In many implementations of this task, including
94 ours, two of the initial stimuli (B and E) have predictable consequents (D and C, respectively),
95 while the remaining three initial stimuli (A, C, and D) can be followed by any one of the four
96 remaining apertures. The selection of the first stimulus is often uniform, so that predictable
97 sequences make up 40% of all trials (Jay & Dunnett, 2007).

98 The predictability of some sequences in the SILT is assumed to be learned implicitly, by analogy
99 with human SRTT data. If this is true, it suggests that subjects should, under the right
100 circumstances, be capable of other forms of learning, which we might label explicit, again by
101 analogy with human memory. As noted above, the problem with attempting to identify this

102 distinction in non-human animals is that our only access to their internal states is via their
103 interactions with the world, i.e., their behaviors. Non-verbal animals, including young human
104 children, do not report on their conscious recollections (but see Anderson et al., 2014;
105 Hampton et al., 2020). We avoid the charged issue of whether or not non-human animals are
106 conscious and merely note that it is at least conceivable that they might have multiple memory
107 systems without being conscious.

108 Here, we attempted to use the SILT to explore whether rats can be said to have two different
109 memory systems, and in what ways these memory systems appear to be functionally
110 homologous to the declarative and non-declarative systems of human memory. We did this by
111 varying parameters of our task, such that it engaged the different memory systems to varying
112 degrees. First, we replicated Jay and Dunnett's (2007) experiment but varied the proportion of
113 trials that were predictable. We assumed that if rats have two memory systems, one of which is
114 engaged only by frequently recurring patterns, then changing the proportion of predictable
115 trials might identify the threshold beyond which this system is active. Next, we introduced
116 uncued test trials, on which the first aperture to be responded to (S1) was one of those with
117 predictable consequents during training, but a second lit aperture (S2) was not provided. We
118 assumed that rats with explicit memories of the predictable sequence, or who had more
119 experience of predictable trials, would be better at generating the second half of the sequence
120 without cueing, similarly to recall or priming tests in humans. Finally, we reversed some of the
121 contingencies, making one formerly predictable S1 unpredictable, one formerly unpredictable
122 S1 predictable, and changing the sequence of the other predictable S1. We predicted that
123 changing an acquired response would be easier if the behavior were driven by explicit

124 processes than if it was under the control of a procedural mechanism. We then subjected all
125 our results to an analysis designed to tease apart the influence of each memory system on
126 behavior.

127 Jacoby (1991) has argued that the interpretation of tests of implicit and explicit memory is
128 complicated by the fact that our behavioral tests are unlikely to be “process pure”. In other
129 words, most tests of memory likely engage both memory systems to some degree, so that
130 accuracy on these tests cannot be taken as an unbiased measure of the functioning of a specific
131 memory system. Jacoby (1991) has suggested a Process Dissociation Procedure (PDP) to
132 overcome this difficulty, which has recently been used to explore multiple memory systems
133 operating in non-human animals (Hampton et al., 2020). Under the assumption that both
134 processes contribute to most memory tests, the procedure identifies one test in which greater
135 involvement of both processes should improve results (a facilitation test), and one test in which
136 the two processes should motivate opposing responses (a conflict test). For example, our
137 uncued test trials could be considered facilitation tests, since we should expect improvements
138 in rats’ ability to generate the correct response with increasing explicit *or* implicit memory for
139 the sequence. On the other hand, our reversal trials are an example of a conflict test, since
140 explicitly encoding the new rule should lead to improved performance, whereas procedural
141 memory for the old sequence (which is presumably harder or slower to reverse) should lead to
142 errors. PDP allows performance on both types of tests to be combined to estimate the
143 contribution of each process to performance on the task (see Methods). We applied this
144 procedure to our data in an attempt to estimate whether changing the proportion of
145 predictable sequence trials engaged different memory systems across our groups.

146 Methods

147 *Subjects:* Subjects were 45 male Sprague-Dawley rats (CrI:CD (SD); Charles River Laboratories
148 Inc., St. Constant, QC, Canada), approximately 60 days old at the start of the experiment. A
149 further 4 rats failed to acquire the task and were excluded from all analyses. Subjects were pair-
150 housed upon arrival in the lab and, a week later, were transferred to individual cages. Rats were
151 handled for at least 10 days prior to the start of the experiment. The colony room was
152 maintained at 21-22 °C on a 12-h reversed light-dark cycle (lights off at 7:00 a.m.). During the
153 experiment, animals were fed a restricted diet to maintain their body weights at 90% of their
154 free-feeding levels, and given water *ad libitum*. The procedures used followed the Canadian
155 Council on Animal Care guidelines and were approved by the Wilfrid Laurier University Animal
156 Care Committee (AUP R16006).

157 *Apparatus:* Animals were trained and tested in modular operant chambers (ENV-008, Med
158 Associates, St. Albans, VT). Each chamber was constructed of aluminium and was placed inside
159 a fan-ventilated sound-attenuating cubicle. Chambers were 29.5 x 25 x 18.7 cm, and had a
160 stainless steel-rod floor. The back wall of each chamber was curved and contained five 2 x 2 cm
161 apertures (5 unit curved nose poke wall, ENV-115A-07, Med Associates, St. Albans, VT), spaced
162 equidistant from each other and the side walls, 2 cm above the chamber floor. We refer to
163 these apertures by the letters A to E. Each aperture was equipped with an LED and a photocell
164 sensor to detect nose-pokes. The opposite wall of the chamber contained a food magazine
165 through which 45 mg grain-based food pellets (FO165, Bio-Serv) could be delivered, and which
166 also contained an LED. A house-light was mounted above the food magazine.

167 *Procedure:* Our experimental procedures closely followed the SILT as described by Jay and
168 Dunnett (2007). The task requires subjects to nose-poke into two apertures, denoted S1 and S2,
169 that are illuminated in order, following which they receive a food pellet reward. When S1 was
170 aperture A, C, or D, the choice of S2 was selected at random with an equal probability of
171 occurring at any of the remaining 4 locations. We refer to these as unpredictable sequence (US)
172 trials. When S1 was aperture B, S2 was always aperture D, and when S1 was E, S2 was always
173 aperture C. We refer to these as predictable sequence (PS) trials. The two predictable
174 sequences were both “2-hops” away, i.e., in both cases S2 was two apertures away from S1.
175 Rats were divided into five groups that varied in the proportion of their PS trials. We label
176 groups by this percentage: 10% (n = 9 rats), 20% (n = 8), 40% (n = 10), 60% (n = 8), and 80% (n =
177 10). Group 40% constitutes a direct replication of Jay and Dunnett’s (2007) experiment. Rats
178 completed one session per day, 7 days a week, for the duration of the experiment. All sessions
179 were conducted between 9:00 a.m. and 2:00 p.m. (i.e., during the rats’ dark phase). Rats
180 progressed through the following seven phases of the experiment. In all phases, rats were first
181 placed into the chamber with the house light on. The start of the session was signalled by a 5
182 sec interval with all the lights off. Phases 1-4 were identical for all groups.

- 183 1. **Pre-exposure:** subjects were given a small dish in their home cages containing
184 approximately 100 pellets each day until they consumed all the pellets for 2 days in
185 a row. All rats completed this phase in 2 days.
- 186 2. **Habituation:** subjects were placed into the testing chamber. 2 pellets were placed
187 into each of the five nose-poke apertures and 10 pellets were placed into the food

- 188 cup. Sessions lasted for 20 min, during which all the aperture lights were
189 illuminated. This was repeated until the rats consumed all the pellets. Rats spent 1
190 to 2 days (mean 1.2 ± 0.41 SD) in this phase.
- 191 3. **Response shaping:** on the first day of this phase, subjects received non-contingent
192 pellets at the food magazine every minute, as well as any time they nose-poked into
193 any aperture. Sessions lasted for 30 min or until rats had consumed 50 pellets,
194 whichever occurred first. On the following day, the same procedure was followed
195 but without the non-contingent pellets. Rats continued on these two session types
196 until they were reliably consuming 50 pellets in under 30 min. At this point, the
197 criterion was increased to a maximum of 40 minutes or 100 pellets. Rats spent 3 to 7
198 days (mean 4.35 ± 0.88 SD) in this phase.
- 199 4. **Nose-poke training:** subjects received a pellet for nose-poking into one randomly
200 selected aperture that was illuminated. Nose-pokes into non-illuminated apertures
201 were not rewarded and were ignored. Sessions lasted for 40 min or until rats
202 collected 100 pellets, whichever occurred first. Subjects continued this phase until
203 they collected 100 pellets in under 40 min. Following this, the procedure was altered
204 so that nose-pokes into non-illuminated apertures resulted in a 5 sec time-out (all
205 lights off, no rewards available). Rats continued this phase until they collected 100
206 pellets in under 40 min. Rats spent 1 to 2 days (mean 1.7 ± 0.47 SD) in this phase.
- 207 5. **SILT:** in this phase, the start of each trial was signalled by switching on the stimulus
208 light S1 in one of the apertures (A to E), selected in a pseudo-random sequence (see
209 below). S1 remained illuminated until a nose poke was detected in the lit aperture,

210 whereupon the S1 stimulus was switched off and a different aperture, S2, was
211 illuminated. Following a correct response to the S2 aperture, the stimulus light was
212 turned off, a food pellet reward was delivered to the magazine and the magazine
213 light illuminated. The correct trial was terminated upon detection of a nose-poke
214 into the magazine, and the magazine light was turned off. Responses to an incorrect
215 aperture or to the magazine during S1 or S2 resulted in errors that were signalled by
216 a 5 sec time out, during which the house light was illuminated and all other lights
217 turned off. Following reward collection on correct trials or time out on error trials,
218 there was a 5 sec inter-trial interval in the dark, with all lights (including the house
219 light) switched off, prior to the start of the next trial, signalled by the illumination of
220 the next S1.

221 The proportion of PS trials was varied across groups. The selection of S2 was
222 pseudorandom on US trials (when S1 was A, C, or D) and was determined by S1 on
223 PS trials (B→D and E→C). Possible trial types were pseudo-randomized in blocks of
224 20 trials.

- 225 a. For group 10%, in each 20-trial block: 1 trial had S1 = B; 1 trial had S1 = E;
226 and 18 trials had S1 = A, C, or D (6 trials each).
- 227 b. For group 20%, in each 20-trial block: 2 trials had S1 = B; 2 trials had S1 =
228 E; and 16 trials had S1 = A, C, or D (5 or 6 trials each, counterbalanced).
- 229 c. For group 40%, in each 20-trial block: there were 4 trials of each possible
230 S1.

- 231 d. For group 60%, in each 20-trial block: 6 trials had S1 = B; 6 trials had S1 =
232 E; and 8 trials had S1 = A, C, or D (2 or 3 trials each, counterbalanced).
- 233 e. For group 80%, in each 20-trial block: 8 trials had S1 = B; 8 trials had S1 =
234 E; and 4 trials had S1 = A, C, or D (1 or 2 trials each, counterbalanced).

235 Rats continued in this phase of the experiment until they reached a performance
236 criterion of a 3-day average with over 80% correct on both S1 and S2, after a
237 minimum of 10 days. Rats spent 10 to 26 days (mean 13.75 ± 4.83 SD) in this phase.

238 6. **Testing:** testing sessions followed the same procedure as the SILT sessions, but one
239 trial in each 20-trial block – selected from the PS trials (i.e., S1 = B or E) – was an
240 uncued test trial. On test trials, following a correct nose-poke to S1, no second
241 aperture was illuminated. Rats were given 10 sec to respond to any S2, after which
242 the trial timed out and no reward was provided. Rats remained in this phase of the
243 experiment for 10 days.

244 7. **Reversal:** Following the testing phase, rats received 10 additional days of sessions
245 that followed the same procedure as the SILT sessions, but with altered S1→S2
246 sequences. During this phase, if S1 was B, C, or D, S2 was unpredictable (i.e.,
247 selected with equal probability from among the remaining 4 choices); if S1 was A, S2
248 was always C; and if S1 was E, S2 was always B. In other words, two sequences
249 remained unchanged (S1 = C or D, S2 = anything), one sequence went from being
250 predictable to unpredictable (B→D became B→ anything), one sequence altered in
251 the opposite direction (A→ anything became A→C), and one predictable sequence
252 changed from a 2-hop to a 3-hop sequence (E→C became E→B). The proportions of

253 trials with predictable sequences remained unchanged for each group. Rats
254 remained in this phase of the experiment for 10 days.

255 *Analysis:* Data collected by the MedPC software that ran the operant chambers were read into
256 Microsoft Excel. Analyses were conducted in *Mathematica* (v.10.0, Wolfram Research) and *JASP*
257 (JASP Team, 2020).

258 In the reversal stage, we did not alter the proportion of PS trials, to prevent the rats suffering
259 from generalization decrement. Thus, rats in some groups received many more PS trials in the
260 reversal stage, and had differential experience of the various possible S1 apertures. Therefore,
261 when comparing responses in this stage of the experiment, we present analyses of the first 50
262 trials for each S1, for every group. For some groups, this represents up to 10 sessions' worth;
263 for others, only one or two.

264 To perform the Process Dissociation Procedure (PDP), we used data from our uncued test trials
265 and from the reversal trials on which a predictable sequence changed from a 2-hop to a 3-hop
266 ($E \rightarrow C$ became $E \rightarrow B$). We assume that better implicit *or* explicit memory will facilitate
267 performance on the uncued test trials, and that stronger implicit but not explicit memory will
268 hinder learning the new sequence on reversal trials. In PDP terms (Jacoby, 1991), the test trials
269 constitute a facilitation test and the reversal trials a conflict test.

270 We first calculated the overall proportion correct on uncued test trials for each rat, and denote
271 that value C (for Correct). We also calculated the increase in error rate after reversal, as the
272 proportion of errors on the first 50 $E \rightarrow B$ trials (after the reversal) minus the proportion of
273 errors on $E \rightarrow C$ trials (before the reversal, during the last 5 days of the SILT phase); we denote

274 this value E (for Error). Then, following Jacoby (1991), we calculate for each rat a Recollection
275 score, $R = C - E$, and a Familiarity score, $F = E / (1 - R)$. The Recollection score is assumed to
276 reflect the contribution to task performance of explicit processes, and the Familiarity score the
277 contribution of implicit memory.

278 We used Bayesian statistics for all tests. To compare groups and performance on different
279 apertures or trial types, we used either one-way or repeated measures (mixed) Bayesian
280 ANOVAs (see Wagenmakers et al., 2018), with group as the between-subjects factor.

281 Depending on the test, the within-subjects factor was S1 aperture, S2 aperture, the distance
282 between the S1 and S2 apertures (hop-size), or trial type (PS or US). For each analysis, we
283 report the Bayes Factor (BF) for each model compared to the null model (i.e., we report BF_{10}).

284 The BF is a likelihood ratio comparing two models. Thus, a BF of 5 for a model means that the
285 data are 5 times more likely under this model than under the null; a BF of 0.1 suggests that the
286 data are 10 times more likely under the null model. The BF thus also functions as an estimate of
287 effect size (Wagenmakers et al., 2018). We report models with interaction terms only when the
288 model with all main effects is better than the null model ($BF > 1$). We also report inclusion BFs
289 across matched models, which measure the evidence in the data for including each predictor
290 (or interaction term), averaged across all models (van den Bergh et al., 2020). Where main

291 effects were substantial, we conducted post-hoc pairwise tests, which were corrected to
292 control for multiple comparisons (using the method in Westfall, 1997); we report the posterior
293 odds for each pairwise comparison (posterior odds are also ratios, like BF). Simple main effects
294 were tested using individual Bayesian (one-way or paired-sample) t-tests. To estimate the
295 effects of explicit and implicit processes in the PDP, we used a Bayesian linear regression and

296 we report the BF and the value of the regression coefficient with a 95% credible interval (the
297 Bayesian equivalent of a confidence interval). We qualify all results using the adjectives
298 suggested by Jeffreys (1961): effects with BF smaller than 3 are considered “anecdotal”
299 evidence in favor of the hypothesis (or, if the BF is between 1 and 1/3, anecdotal evidence for
300 the null); effect sizes between 3 and 10 (or between 1/3 and 1/10) are labelled “moderate”;
301 between 10 and 30, “strong”; between 30 and 100, “very strong”; and BF > 100 are denoted
302 “extreme” evidence for the hypothesis. Raw data and annotated JASP files containing all the
303 analysis results are available in our OSF repository (<https://osf.io/7hpxe/>).

304 **Results**

305 We focused on rats’ performance after they had acquired the task, during the last 5 days of the
306 SILT phase of the experiment, and during the testing and reversal phases. For most analyses, we
307 limited ourselves to comparing PS trials, in which S2 was always 2 apertures away from S1 (a
308 two-hop), with US trials in which the required S2 response was also two apertures away from
309 S1 (e.g., A→C). In other words, we removed the confounding effect of the physical distance
310 between S1 and S2 (see also Jay & Dunnett, 2007).

311 *SILT sessions*

312 We found strong evidence that there was no difference between groups in their accuracy on S1,
313 but moderate evidence that rats in all groups performed better on central apertures than
314 peripheral ones, as also found by Jay and Dunnett (2007; Figure S1A; aperture only model BF =
315 4.57; group only model BF = 0.09; group + aperture model BF = 0.46; inclusion BFs: group =
316 0.10, aperture = 4.61, group*aperture = 0.01; post-hoc tests showed odds > 10 for aperture C

317 vs. apertures A and E only). We found moderate evidence that rats in group 40% were faster in
318 responding to S1 (Figure S1B; group only model BF = 6.50; aperture only model BF = 0.06; group
319 + aperture model BF = 0.41; inclusion BFs: group = 6.53, aperture = 0.06, group*aperture =
320 0.01; post hoc tests showed odds > 8 for group 40% vs all other groups; all other odds < 1). We
321 found strong evidence that there were no differences between groups in their accuracy on S2,
322 but very strong evidence that rats were less accurate when S2 was aperture A (Figure S2A;
323 group only model BF = 0.05; aperture only model BF = 1.4×10^{14} ; group + aperture BF = $1.4 \times$
324 10^{13} ; group + aperture + group*aperture BF = 1.1×10^{19} ; inclusion BFs: group = 0.1, aperture =
325 1.5×10^{14} , group*aperture = 8.0×10^5 ; post-hoc tests showed all odds < 0.2 for comparisons
326 between groups, odds > 79,000 for aperture A vs all others, odds > 6 for aperture E vs apertures
327 B, C, and D; all other odds < 0.08). We found no evidence for differences in response time
328 across groups or between predictable and comparable (2-hop) unpredictable trials (group only
329 model BF = 0.14; Predictable-Unpredictable [P-U] only model BF = 0.43; group + P-U model BF =
330 0.06).

331 On unpredictable sequence (US) trials, we found extreme evidence that rats were more
332 accurate on S2 when it was closer to S1, and moderate evidence that this did not differ
333 between groups (Figure S2B; Group only model BF = 0.03; hop-size only model BF = 2.9×10^{12} ;
334 group + hop-size BF = 1.0×10^{11} ; group + hop-size + group*hop-size BF = 5.0×10^9 ; inclusion BFs:
335 group = 0.04, hop-size = 2.9×10^{12} , group*hop-size = 0.05; post-hoc tests showed all odds < 0.11
336 for comparisons between groups, odds > 12 for all comparisons between hop-sizes except 3 vs.
337 4 [odds = 0.09]). We found anecdotal evidence that hop-size had no effect on S2 latency (Figure

338 S2C; group only model BF = 0.77; hop-size only model BF = 0.68; group + hop-size BF = 0.83;
339 inclusion BFs: group = 0.95, hop-size = 0.85).

340 We found extreme evidence that rats in all groups were more accurate on PS trials than on
341 comparable (2-hop) US trials (Figure 1; group only model BF = 0.14; trial-type only model BF =
342 40,880; group + trial-type BF = 8,011; group + trial-type + group*trial-type BF = 51,580;
343 inclusion BFs: group = 0.20, trial-type = 42,859, group*trial-type = 6.44; post-hoc tests showed
344 all odds < 0.22 for comparisons between groups, and odds = 15,443 for the comparison
345 between predictable and unpredictable trial-types). There was a strong to very strong effect of
346 trial type in groups 40% (BF = 11.60) and 80% (BF = 36.07), and a moderate effect in group 60%
347 (BF = 3.10), but anecdotal evidence of no effect in the other groups (10% BF = 0.54; 20% BF =
348 0.46). As Figure 1 shows, we found moderate evidence that groups with more experience of PS
349 trials performed better on those trials (BF = 4.37; full post-hoc test results are given in Table
350 S1), and moderate evidence that performance on US trials did not vary across groups (BF =
351 0.17). We note that these data display a jump in differential performance between PS and US
352 trials between the 20% and 40% groups. In other words, rats' improved performance on PS
353 (compared to US) trials does not increase gradually as the proportion of those trials in the
354 session increases. Instead, we find no effect in groups 10% and 20% (i.e., these rats are not
355 better at PS trials than US trials), and at least a moderate effect in all the other groups.
356 Similarly, we find no differences between groups 10%, 20% and 40% (Table S1), a weak
357 difference between groups 10-20% and 60%, and a very strong difference between groups 10-
358 20% and 80%. These results strongly suggest a transition between behavioral strategies or
359 cognitive processes somewhere between groups 20% and 40%.

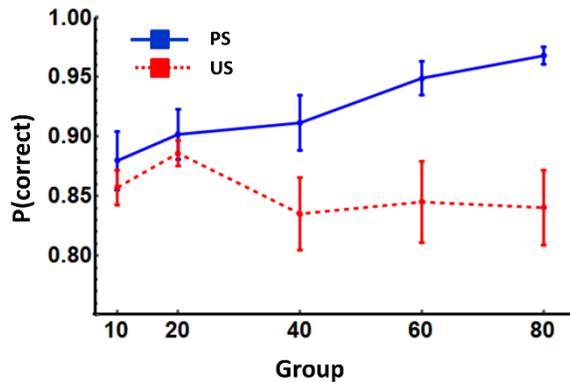


Figure 1. SILT phase data. Proportion of correct responses to S2, by group, on predictable sequence (PS; solid blue line) and comparable (2-hop) unpredictable sequence (US; dashed red line) trials. Error bars show \pm SEM.

368 Test trials

369 We next interspersed a small number of uncued probe trials using PS S1 apertures (B or E), on
 370 which the rats were required to generate their second response in the absence of a lit S2. All
 371 groups performed poorly on these tests (Figure 2), with the majority of errors being to the
 372 aperture immediately beside S1, in the direction of the required S2 response (i.e., rats made a
 373 1-hop response in the correct direction, rather than the required 2-hop response). We found
 374 extreme evidence both that rats performed better when S1 was B than E, and that groups with
 375 experience of PS trials performed better on test trials (group only model BF = 2,435; S1 only
 376 model BF = 245; group + S1 BF = 8.5×10^5 ; group + S1 + group*S1 BF = 1.0×10^5 ; inclusion BFs:
 377 group = 3,468, S1 = 349, group*S1 = 0.12; post-hoc tests showed odds = 279.3 for the
 378 comparison between the two S1s, odds > 12 for groups 10% and 20% vs groups 60% and 80%,
 379 odds = 4.9 for group 20% vs 40%, and odds > 1.4 for group 40% vs groups 10% and 80%; all
 380 other odds < 0.4). Yet again, these results appear to show a discontinuity in performance
 381 occurring somewhere between groups 20% and 40% (e.g., the posterior odds differentiating
 382 groups 10%-20% from groups 60%-80% are almost an order of magnitude larger than those
 383 between all other paired comparisons).

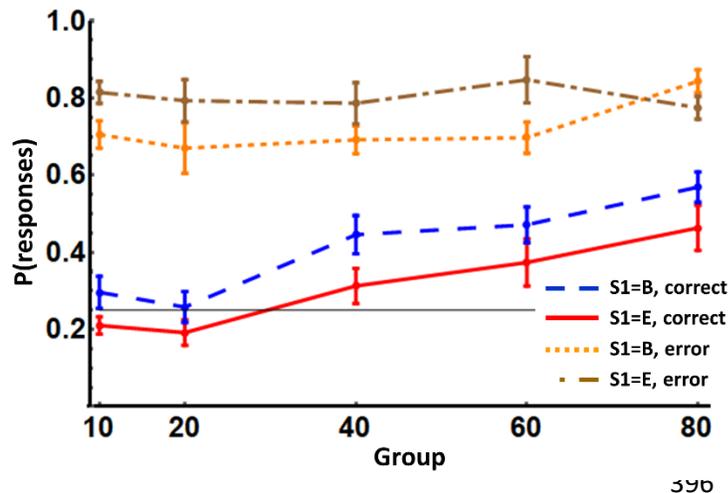


Figure 2. Test trial results. Proportion of correct responses on uncued test trials when the S1 was aperture B (dashed blue line) or E (solid red line), and proportion of errors that were to the aperture immediately beside S1, in the correct direction (i.e., towards S2), when S1 was B (dotted orange line) or E (dash-dotted brown line). The thin black horizontal line shows chance levels. Error bars show \pm SEM.

397 Reversal sessions

398 Finally, we reversed some of the contingencies, so that one formerly predictable S1 was now
 399 unpredictable, one formerly unpredictable S1 now always had a 2-hop predictable S2, and one
 400 formerly predictable 2-hop S1 now required a (predictable) 3-hop response (see Methods).

401 Rats in all groups made slightly more errors on newly predictable sequences (A→C) than they
 402 did at the end of training on the original predictable sequences (B→D; Figure 3, red dotted
 403 line), though we found only anecdotal evidence in favor of this apparent increase, and only in
 404 group 60% (overall BF = 0.37; t-tests comparing each group's increase in errors to 0 showed BF
 405 = 1.11 for group 60%, all other BF < 1). To test for a nonspecific effect of changing the

406 contingencies (a generalization decrement), we also compared accuracy on two sequences
 407 using S1s that did not change across phases of the experiment. When S1 was C or D, S2 could
 408 be any other aperture in both the original training conditions and under reversal (i.e., these S1s
 409 were not reversed). We compared error rates for 2-hop sequences involving these S1s (C→E
 410 and D→B) and found moderate evidence that there was no increase in errors (Figure 3, green
 411 dashed line; C→E, BF = 0.11; D→B, BF = 0.56).

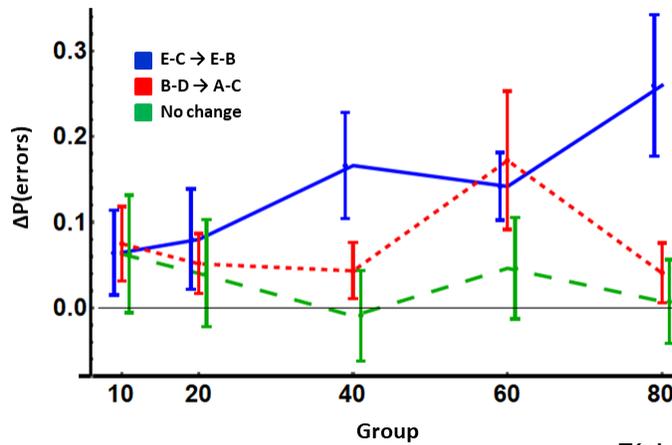


Figure 3. Reversal trial data. The figure shows the change in error rate (proportion of trials on which rats selected the wrong S2) between the last 5 days of SILT training and the first 50 trials of each S1 in reversal. Values above 0 (thin horizontal line) indicate an increase in errors during reversal. Three types of trials are shown: a 2-hop predictable sequence that changed into a 3-hop predictable sequence (E→C / E→B; solid blue line), a predictable

424 sequence that changed S1 (B→D / A→C; dotted red line), and the average of two 2-hop
 425 unpredictable sequences that did not change (C→E and D→B; dashed green line). Error bars
 426 show \pm SEM and have been shifted along the x-axis for clarity.

427

428 Finally, we compared the change in error rates on a predictable sequence that was changed
 429 from a 2-hop (E→C) to a 3-hop (E→B). We found moderate evidence that rats in groups with
 430 more experience of predictable trials (groups 40%-80%) made more errors on the new
 431 sequence than they had on the old sequence (Figure 3, solid blue line; overall BF = 0.56; one-
 432 way t-test BFs: group 10%, 0.62; 20%, 0.68; 40%, 3.04; 60%, 7.19; 80%, 5.47). We note, again,
 433 the relatively abrupt change in behavior between 20% and 40% predictable trials. Interestingly,
 434 the majority of errors made on the altered sequence consisted of perseveration on the old
 435 sequence. Adding the proportion of old responses during reversal (E→C; Figure 4, solid red line)
 436 to the proportion of correct responses (E→B; Figure 4, dotted blue line) gives a response rate
 437 (Figure 4, dot-dashed brown line) that almost exactly matches the proportion of correct
 438 responses on the original sequence before reversal (Figure 4, dashed green line), and changes
 439 in the same way across conditions (Pearson-correlation: $r = 0.62$, BF = 3,848).

440

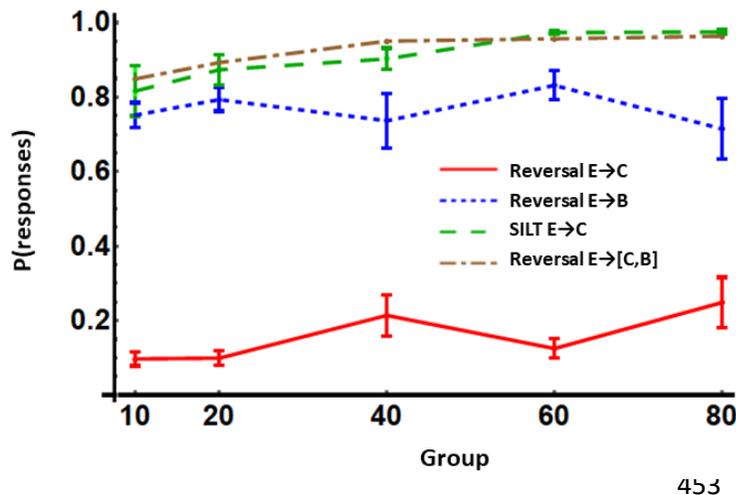


Figure 4. Reversal errors on an altered sequence. In the reversal phase, one previously 2-hop predictable sequence ($E \rightarrow C$) became a predictable 3-hop sequence ($E \rightarrow B$). The figure shows the proportion of correct responses before reversal (green dashed line), the proportion of correct responses after reversal (solid red line), the proportion of perseveration errors ($E \rightarrow C$ after reversal; blue dotted line), and the sum of the correct and

454 perseverative responses during reversal (brown dot-dashed line), which closely match the
 455 proportion of correct responses before reversal. Error bars show \pm SEM.

456

457 *Process Dissociation Procedure*

458 To compare the effects on task performance of explicit and implicit processes, we conducted a

459 Process Dissociation Procedure (PDP) analysis (Figure 5). We ran a linear regression to find the

460 estimated change in the contribution of each process across groups. We note that it is difficult

461 to interpret the significance of the regression coefficient, as the units in which both the original

462 estimate and the coefficient are expressed are arbitrary (we do not report model intercepts for

463 similar reasons). We found moderate evidence that increasing experience of predictable trials

464 increases the use of implicit memory processes in rats (BF = 7.21, mean regression coefficient =

465 0.003, 95% credible interval = [0.0008, 0.006]), whereas explicit processes contribute fairly

466 equally in all groups (BF = 0.90, mean coefficient = 0.0006, 95% credible interval = [0, 0.003]). As

467 Figure 5 shows, the effects of implicit processes are particularly large in groups where 40% or

468 more of the trials are predictable sequences, which is unsurprising, given that these values are

469 calculated from the uncued tests and reversal data, which show the same pattern. We

470 conducted one-sample one-tailed t-tests to estimate whether the effect of each process on
 471 performance in each group was greater than zero (Table S2). We found moderate to very strong
 472 effects of explicit processes in all groups, but no consistent change in the magnitude of this
 473 effect across groups; implicit processes, however, appear to have no effect in groups 10% and
 474 20%, but make an increasingly important contribution in groups with a higher proportion of
 475 predictable sequence trials (see Table S2).

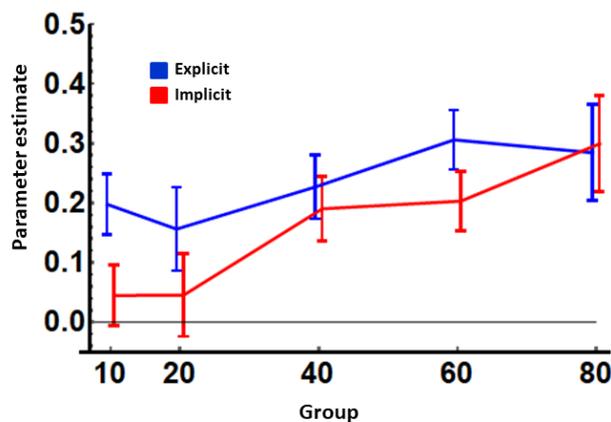


Figure 5. Process Dissociation Procedure results. The figure shows the relative contributions of declarative (explicit; blue line) and non-declarative (implicit; red line) memory processes to the results of our experiment, as estimated by the Process Dissociation Procedure. Error bars show \pm SEM (between individuals in each condition).

486 Discussion

487 To explore whether the results of serial reaction time tasks might reflect the activity of multiple
 488 memory systems in rats, we replicated the original SILT study of Jay and Dunnett (2007) while
 489 varying some parameters. We first varied the proportion of trials that were predictable, from
 490 10% to 80%. We found that rats were better at predictable-sequence trials than unpredictable-
 491 sequence trials, and that the difference in their accuracy across the two trial types depended on
 492 the proportion of predictable trials they had during training. Importantly, the improvement in
 493 accuracy did not increase linearly with experience of predictable trials, but jumped up between
 494 our 20% and 40% groups (Figure 1). These data suggest that rats use two different memory

495 systems or behavioral strategies depending on how common predictable trials are, and that
496 they switch between these strategies at about 30% predictable trials. Though we believe that in
497 humans it is rare sequences that are learned implicitly, we have no evidence so far as to which
498 system operates in each range in rats.

499 In studies of implicit and explicit memory in humans, researchers often use cued and uncued
500 tests to explore the effects of the two systems (Ruediger et al., 2008). For example, if subjects
501 are asked to memorize a list of words, an explicit test of memory (often called a recollection
502 test) might ask if a specific item was present in the list (i.e., a cued recall test). Alternatively,
503 subjects could be asked to complete a missing word in a sentence with only the first letter
504 given. This is often called a priming test and is assumed to test implicit learning (i.e., subjects
505 are not consciously aware of being influenced by items in the list, but are more likely to use
506 items from the list to complete the word than a subject that did not see the list). In an attempt
507 to replicate this sort of test, we introduced uncued test trials into our experiment. We found
508 that rats with more experience of predictable trials performed better on these test trials (Figure
509 2), suggesting – by analogy with similar tests on humans – that they were more likely than the
510 other groups to be using an implicit strategy. Again, the largest difference occurred between
511 groups 10-20% and groups 60-80%, suggesting that different memory systems are primarily
512 active on either side of this divide. The evidence here, is the analogy with human memory is
513 sound, suggests that implicit processes are engaged more strongly after more experience of
514 predictable trials, and explicit processes after less experience.

515 Implicit memory, or more specifically procedural memory, underlies fixed, usually fast,
516 responses in humans. We reasoned that a sequence of actions that was performed implicitly
517 would be more resistant to change than one that relied on an explicit rule. We therefore
518 reversed some of the predictable sequences in our experiment. Other than a slight general
519 increase in errors, possibly attributable to a generalization decrement (Young & Pearce, 1984),
520 we found that rats made no more errors on a newly predictable sequence than they had at the
521 end of training. Thus, rats are able to learn a new predictable sequence quickly (in less than 50
522 trials). However, rats with more experience of predictable trials made more errors on a
523 predictable sequence that changed from 2 to 3 hops (Figure 3, solid blue line), suggesting that
524 they had more trouble changing or inhibiting their existing response. This explanation is further
525 supported by the finding that the majority of errors on the new sequence consisted of
526 perseverative responses of the old sequence (Figure 4). This suggests that groups with more
527 experience of predictable trials were more likely to be using an implicit strategy, which is
528 presumably harder or slower to alter. Yet again, we find substantial evidence for the increase in
529 error rates only in groups with 40% or more predictable trials during training, suggesting an
530 abrupt shift in the cognitive processes involved at about 30% predictable trials.

531 Both our uncued test trials and reversal results point to the conclusion that implicit processes
532 are engaged as a result of more, not less, experience with predictable sequences. This appears
533 to be opposite to findings in humans. It is possible that this indicates that the SILT is not a good
534 homologue for human implicit learning tasks. Alternatively, the large amounts of training and
535 simple task that the rats underwent may have affected which memory processes were engaged
536 in each group. In either case, our results do suggest that the existing literature on the SILT, in

537 which – almost invariably – 40% of trials have predictable sequences, should indeed engage the
538 implicit system.

539 To further explore the contributions of each memory system to performance on our task, we
540 conducted a Process Dissociation Procedure (PDP) analysis (Jacoby, 1991). We note that the
541 PDP does not test whether or not there is good evidence for two separate memory processes
542 involved in a task. Rather, the procedure *assumes* that the data result from the operation of
543 two separate processes, and estimates the contribution of each one to task performance. In
544 line with our previous results, the results of the analysis suggested that explicit processes are
545 engaged more-or-less equally across all our groups, but that implicit processes make a
546 significant contribution to performance only in groups with 40% or more predictable trials
547 during training, and more so as the percentage increases (Figure 5). This suggests, as noted
548 above, that previous uses of the SILT paradigm were indeed engaging implicit memory (though
549 not exclusively), as intended.

550 In conclusion, our data suggest that rats have two different memory systems – or behavioral
551 strategies that behave like memory systems – that can be differentially activated by altering the
552 proportion of predictable sequences in a serial reaction time task. Similar results have been
553 obtained in other species (e.g., Basile & Hampton, 2011), but not, as far as we are aware, in
554 rats. Interestingly, we find that conditions with more common predictable sequence trials
555 activate the system analogous to implicit memory more, rather than less. It is possible that the
556 nature of our paradigm, which involves a simple task that is repeated many hundreds of times,
557 is more amenable to the use of automated implicit processes to solve predictable sequence

558 trials than comparable tasks commonly used with human subjects. Our analysis also suggests
559 that as we increase the proportion of trials that have predictable sequences, implicit processes
560 are engaged more strongly (or gain more control over behavioral choices), while explicit
561 processes continue to contribute at about the same level. Since we cannot obtain verbal
562 responses from our rats, we cannot properly label either process 'declarative' or 'explicit', but
563 our results may constitute further evidence that non-human animals have several interacting
564 memory systems that are engaged to different degrees depending on the task at hand.

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651 feature-positive discrimination. *The Quarterly Journal of Experimental Psychology B*,
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653 **Statements and declarations**

654 *Competing interests:* the authors declare that they have no competing interests.

655

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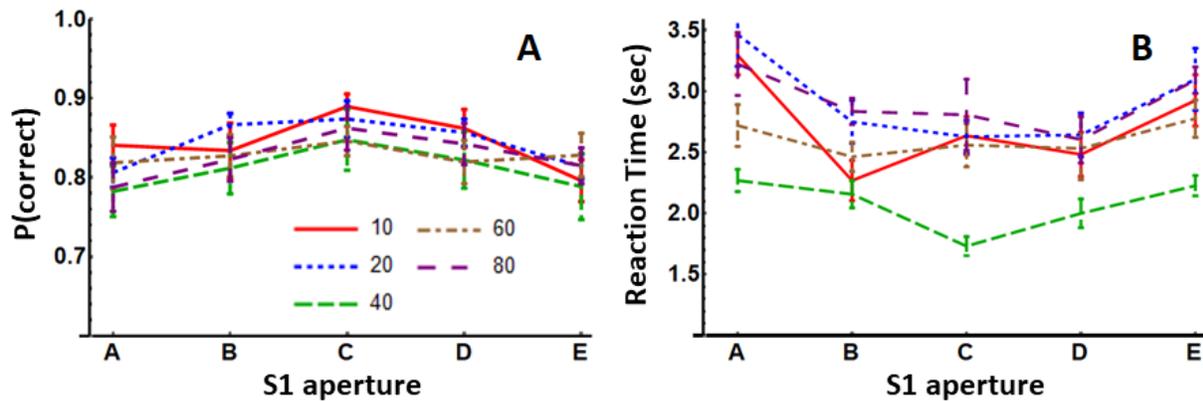
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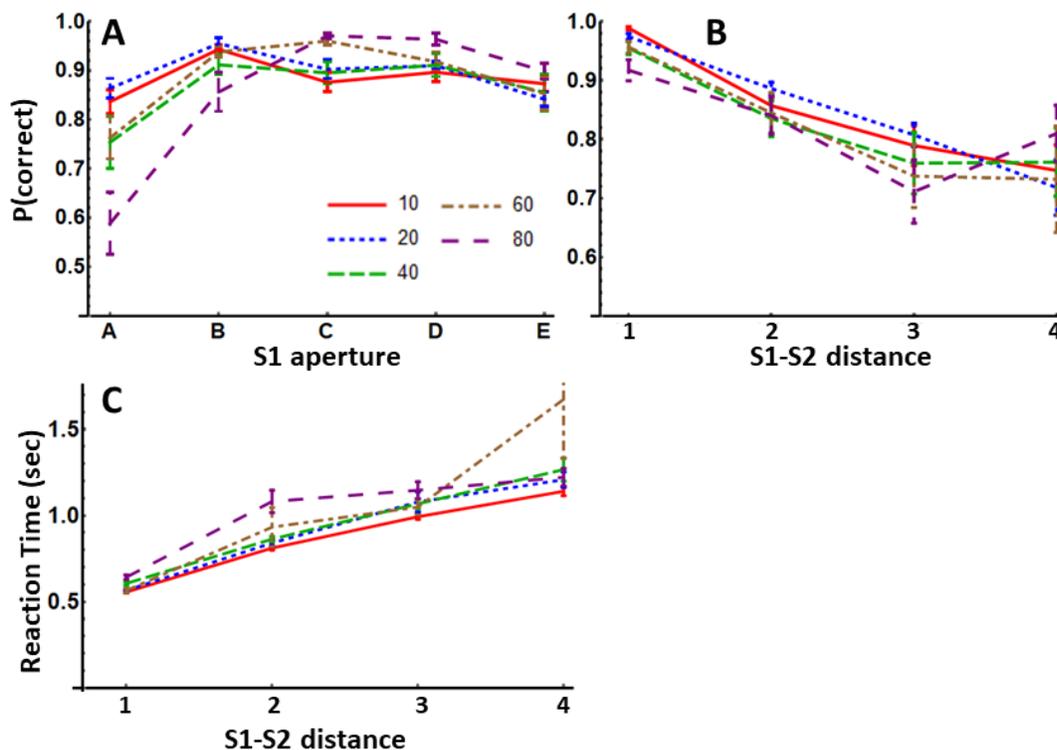
Supplementary Information

663 **Figure S1:** performance on the first stimulus (S1). **A:** proportion of correct responses as a
 664 function of the S1 aperture (A-E). **B:** reaction time, in seconds, to the S1 aperture on correct
 665 trials. In both panels, lines show different experimental groups; error bars show \pm SEM.



666

667 **Figure S2:** performance on the second stimulus (S2). **A:** proportion of correct responses to S2,
 668 as a function of the S2 aperture (A-E), on unpredictable trials only. **B:** proportion of correct
 669 responses to S2, as a function of the distance (in apertures) between S1 and S2. **C:** reaction
 670 time, in seconds, to the S2 aperture as a function of the distance between S1 and S2, for correct
 671 unpredictable trials only. In all panels, lines show different experimental groups; error bars
 672 show \pm SEM.



673

674 **Table S1:** post-hoc test results for the comparison between groups in performance on
 675 predictable (PS) and unpredictable (US) trials in the SILT phase. The top-right half of the table
 676 gives the uncorrected BF for the comparison between two groups (the result of a Bayesian t-
 677 test). The lower-left half of the table gives the posterior odds – corrected for multiple testing –
 678 for the hypothesis that the groups are different (see Westfall, 1997). Values that indicate
 679 moderate or strong evidence in favor of a difference between groups are highlighted in yellow.
 680 Values that indicate anecdotal evidence in favor of a difference are highlighted in blue.

	10%	20%	40%	60%	80%
10%		0.49	0.55	2.33	16.39
20%	0.16		0.43	1.25	8.29
40%	0.18	0.14		0.73	2.31
60%	0.74	0.40	0.23		0.70
80%	5.24	2.65	0.74	0.23	

681

682

683 **Table S2:** The contributions of implicit and explicit processes to task performance, by group.
 684 The table shows the estimated contribution of each process based on the PDP task (see
 685 methods), denoted Familiarity and Recollection scores, following Jacoby (1991). Each cell gives
 686 the mean estimate \pm standard deviation and, in parentheses, the BF from a one-way one-tailed
 687 T-test testing whether the value is > 0 . Cells with moderate or strong evidence for an effect are
 688 shaded blue; cells showing a very strong effect are shaded yellow.

Group	Implicit (Familiarity)	Explicit (Recollection)
10%	0.04 \pm 0.25 (BF = 0.50)	0.20 \pm 0.15 (BF = 24.02)
20%	0.05 \pm 0.29 (BF = 0.48)	0.16 \pm 0.20 (BF = 3.17)
40%	0.19 \pm 0.22 (BF = 6.72)	0.23 \pm 0.17 (BF = 42.24)
60%	0.20 \pm 0.14 (BF = 25.32)	0.31 \pm 0.14 (BF = 154.34)
80%	0.30 \pm 0.23 (BF = 33.25)	0.28 \pm 0.25 (BF = 17.71)

689